



2015

CUPID'S MASSACRE

HEAT SCHEDULE

HEAT	DIVISION	AFFILIATE	PARTNER A	PARTNER B	TEAM NAME	WOD #1	WOD #2	WOD #3
1	Scaled	Ruination	Angelina Jong	Eric Ison	Our First Time	9:00 AM	11:05 AM	12:40 PM
1	Scaled	Ruination	Brendan Cotter	Kate Cotter		9:00 AM	11:05 AM	12:40 PM
1	Scaled	Ruination	Levon Lanius	Jiyan Gardi	Dynamic Duo	9:00 AM	11:05 AM	12:40 PM
1	Scaled	Ruination	Ryan Young	Didi Kovacs	Young and Younger	9:00 AM	11:05 AM	12:40 PM
1	Scaled	Ruination	Michael Gore	Terah Boucher	Long Hair, Don't Care	9:00 AM	11:05 AM	12:40 PM
1	Scaled	CrossFit AVA	Dan Maher	Alicia Armenta	Royal Rats	9:00 AM	11:05 AM	12:40 PM
2	Scaled	Ruination	David Quijano	Taylor Hage	David and Goliath	9:12 AM	11:14 AM	12:57 PM
2	Scaled	Ruination	Gina Nourmohamadian	Casey Parlette		9:12 AM	11:14 AM	12:57 PM
2	Scaled	Ruination	Tara Titus	Andy Titus	Tight Assets	9:12 AM	11:14 AM	12:57 PM
2	Scaled	CrossFit Ethos	Drew Arbeiter	Emily Nelson	Beauty and the Beast	9:12 AM	11:14 AM	12:57 PM
2	Scaled	CrossFit AVA	Michael Peralta	Rachel Peralta	Peralta Power	9:12 AM	11:14 AM	12:57 PM
2	Scaled	CrossFit Reform	Ashley Dlab	Jiri Dlab		9:12 AM	11:14 AM	12:57 PM
3	Scaled	Ruination/Active	Glen Alis	Ashley Williams	Crack UPS	9:24 AM	11:23 AM	1:14 PM
3	Scaled	CrossFit Tustin	Lisa Gordon	Ian Gordon	Justice League	9:24 AM	11:23 AM	1:14 PM
3	Scaled	CF Code 3	Jason Silva	Leah Merkle	Blondie y el Borracho	9:24 AM	11:23 AM	1:14 PM
3	Scaled	CF Code 4	Shannon Wittman	Benton Seccombe	Shannon Witt-A-Man	9:24 AM	11:23 AM	1:14 PM
3	Scaled	CF Insanity	Brian Ellis	Stephanie Ellis	Mr. & Mrs. Gainz	9:24 AM	11:23 AM	1:14 PM
3	Scaled	CrossFit AVA	Scott Rizuto	Marie Nguyen Nelson	Belle and the Beast	9:24 AM	11:23 AM	1:14 PM
4	Scaled	Ruination	Francis Dizon	Sarah Cowell		9:36 AM	11:32 AM	1:31 PM
4	Scaled	CrossFit Ethos	Lyn Wrigley	Joshua Wrigley	The Wrig's	9:36 AM	11:32 AM	1:31 PM
4	Scaled	CrossFit AVA	Lindsay Schmidt	Jay Pand	White Chocolate	9:36 AM	11:32 AM	1:31 PM
4	Scaled	CrossFit RXD	Kathleen Chung	Samuel Castro	NKOTB	9:36 AM	11:32 AM	1:31 PM
4	Scaled	CrossFit Surf City	Barrett Lambert	Natalie Lambert	Love and Snatches	9:36 AM	11:32 AM	1:31 PM
4	Scaled	CrossFit Reform	Anne Marie Lansburgh	Chris Luiszer	Barbells of Glory	9:36 AM	11:32 AM	1:31 PM
5	Scaled	Ruination	Chris Fusillo	Sriti Fusillo	#ineedanapa	9:48 AM	11:41 AM	1:48 PM
5	Scaled	CrossFit Chino Hills	Joshua Tiqui	Kristen Boone	#ScaledSoHard	9:48 AM	11:41 AM	1:48 PM
5	Scaled	CrossFit LumberYard	Eddie Gallardo	Kim Nguyen	10 Feet of Fun	9:48 AM	11:41 AM	1:48 PM
5	Scaled	CrossFit Reform	Genny	Dan Sparks		9:48 AM	11:41 AM	1:48 PM
5	Scaled	CrossFit Surf City	Chad Hooper	Bobbie Eftekhari	Happy Endings	9:48 AM	11:41 AM	1:48 PM
5	Scaled	Ruination	Eddie Saucedo	Jaimie K.	Chips & Salsa	9:48 AM	11:41 AM	1:48 PM
6	Scaled	Ruination	Mat Masoni	Koaleen Ireland	The Beard and the Unicorn	10:00 AM	11:50 AM	2:05 PM
6	Scaled	Ruination/Ethos	Heather Phillipson	Andrew Tindula	RuinEthos	10:00 AM	11:50 AM	2:05 PM
6	Scaled	CrossFit Surf City	Nick Del Boccio	Kellie Niles	Surf & Turf	10:00 AM	11:50 AM	2:05 PM
6	Scaled	CrossFit Vibe	Morgan Scott	Serafim Hatzis	High on Sweat	10:00 AM	11:50 AM	2:05 PM
6	Scaled	Pariah CrossFit	Jorge Meza	Christin Voros	BobaFit	10:00 AM	11:50 AM	2:05 PM
6	Scaled	CrossFit AVA	Mayra Solano	Rus Mohammad	Team MexicAzn	10:00 AM	11:50 AM	2:05 PM
7	Rx	CrossFit AVA/CF Purged	Phillip Galindo	Catherine Dick	Still We Rise	10:20 AM	11:59 AM	2:26 PM
7	Scaled	CrossFit RXD	Molly Eledge	Erik Tilove	Booty and the Beast	10:20 AM	11:59 AM	2:26 PM
7	Scaled	CrossFit Ethos	Travis Everhart	Holly Hagerman	Kill Cupid	10:20 AM	11:59 AM	2:26 PM
7	Rx	Ruination	Sonya Cajigal	Dennis Cajigal	Wall Ball & Chain	10:20 AM	11:59 AM	2:26 PM
7	Rx	CF LumberYard	Blake	Kirsten Shank	Jacked and Jilled	10:20 AM	11:59 AM	2:26 PM
8	Rx	CrossFit Ethos	Ashley Ladd	John Ladd	D to the 4th	10:32 AM	12:08 PM	2:43 PM
8	Rx	CF LumberYard	Cassie Alvarado	Jason Carroll	#squeeze	10:32 AM	12:08 PM	2:43 PM
8	Rx	CrossFit RXD	Homer Maniago	Kelly Sheehy	Hot Mess	10:32 AM	12:08 PM	2:43 PM
8	Rx	CrossFit AVA	Lauren Domokos	Stephen Braudo	Winter is Coming	10:32 AM	12:08 PM	2:43 PM
8	Rx	Offshore CrossFit	Mary Klein	Jon Rivera	Valen-thighs	10:32 AM	12:08 PM	2:43 PM
8	Rx	CF High Road	Jake Adams	Danielle Adams	Team Cookie Butter	10:32 AM	12:08 PM	2:43 PM
9	Rx	Ruination/Reform	Jon Rosenberg	Brigitte Osborn	Fast & Ferocious	10:44 AM	12:17 AM	3:00 PM
9	Rx	CF Evermore	Candice Ulibarri	Ryan Starling	Unbreakable	10:44 AM	12:17 AM	3:00 PM
9	Rx	CF LumberYard	Reid Worthington	Kristen Wild	Wild Fire	10:44 AM	12:17 AM	3:00 PM
9	Rx	Ruination	Kevin Spykerman	Krista Zielke	Special K	10:44 AM	12:17 AM	3:00 PM
9	Rx	Ruination/Forest	Max Fournier	Noe Guaderrama	Pip Smears	10:44 AM	12:17 AM	3:00 PM
9	Rx	CF Forest	Taylor Yaffee	Andrea Gregrow	TNA	10:44 AM	12:17 AM	3:00 PM